



THE
'I AM'
CREATION STORY

EMBRACING YOUR DIVINE ORIGIN

ANON I MUS

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By Anon I mus

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Nevada, USA

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*“You are already enlightened, only
pretending that you are not.”*

~Anon I mus

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*This book is dedicated to the benefit of all
who have unconsciously suffered in life.*

*May all sentient beings find a safe passage
to the awakened path of light, love and
wisdom.*



Introduction



The age old questions...
Who am I? Where did I come from? How did
I get here?

If you have ever asked yourself any of these
big life-changing questions then this book will
be of interest to you.

The 'I AM' Creation Story is for spiritual seekers of all ages; those who want to expand their understanding of the truth of life which we are all living.

It may offer some help in raising your awareness of your 'purpose' on this Earth.

This book offers a simplistic, mystical, and a profoundly deep introspection concerning why we are here and who we truly are. It offers you the ability to see beyond the physical

reality, into a realm of higher awareness; sent to you, by the greater, non-physical you.

You are both the giver and receiver of this sacred knowledge, as ‘you’ are All There Is. The verses which are within this book will echo with a deeply spiritual meaning and innate wisdom for those with an open mind and who are willing to receive and embrace the messages offered.

Through repetition, examination, contemplation and deciphering of the written works contained herein, you can begin your own spiritual journey and evolution. Use this book as a guide and companion to assist in realizing your truth; and that which you truly are...



The words in this book are merely pointers to the truth; they are not the truth themselves. Do not mistake the territory for the map itself.

Please have your own experience while reading this book...intuitively decide for yourself.

Part I

THE BEGINNING



In the beginning, there was only Source
Awareness – the Great Unmanifest.

This Creative Source existed in the formless and timeless continuum of the Eternal Now, before the physical manifestation of the universe had come into being.

In that perfect state of primordial,
homogenous wholeness, there were no
differentiations: thoughts, concepts, forms,
movement, change, distinctions, space-time,
experiences, novelties and no growth.

Pure potentiality was and always is unbounded, non-local ‘nothingness’ (no-particular-thing), since it was before all matter, space, time and energy.

Everything that we perceive as ‘material’ is just an illusion within the construct of this conscious ‘non-stuff’.

This unseen, cosmic artist could not simply remain as a vast, empty canvas of unconscious bliss (non-expressive, infinite potential) alone. It is in the nature of the formless, One Life Intelligence to express itself, if it cannot do this, it cannot 'be' (nothing could exist).

Source Awareness is the very being of pure subjectivity. It is self-aware and self-reflective with the ability to change or modify itself into anything that it desires. It is eternally seeking expression from the unmanifest, domain of spirit to demonstrate itself.

This fundamental Consciousness desired to know itself through its own experience. Since 'All That Is' does not have the idea or concept of any 'thing' other than itself, it was complete.

Source was pregnant with the energetic urge to endlessly EXPRESS, EXPLORE & EXPAND more of infinite being as the 'I AM' in form manifestation; tasting the experience of self-awareness through the imagined creation of diversity/otherness, rather than remaining only as blissful, pure potential.

Overflowing with infinite possibilities, the stage or design for a space-time, physical reality had to materialize in order to express the inner abundance of 'All That Is'; different points of perceptual awareness, curiosity and love for itself in the multiplicity of forms.

The dynamics of contrast was a necessary step in the process for Sources' expansion. Duality was imagined into existence, giving rise to meaningful experiences. Creating a point of reference for itself to which it could interact and be compared with.

A 'thing' cannot exist without its opposite
in the world of form; birth/death,
male/female, positive/negative, light/dark,
you/me, love/fear, past/future,
sickness/health, day/night, subject/object,
desire/hate, hot/cold, inside/outside,
right/left and so on. These interrelated
plays of opposites have always needed each
other to maintain their existence.

Existing, void without any shape or form,
the Creative Source exploded with infinite
creativity and inspiration; entertaining
differentiation, the distinction of self and
other.

**It is through the dichotomy of division into
two (or more) that 'uniqueness' occurs.**

The miraculous universal dance of life was brought forth by the splitting of the Divine Singularity (macrocosm) into holographic fractal-fragments (microcosm), becoming multiple levels of awareness.

Each individualized fractal-fragment is a perfect representation of the whole, reflecting the entire universe within itself.

Fundamentally, we are all virtual expressions of this formless, One Life Energy seeking joyous expansion through the process of relativity. We are all of the possible ways that Source Awareness has of knowing and experiencing itself in the universe.

All of us are unique, individuated
viewpoints or perspectives, emanating out
of the unchanging, 'I AM' Presence.

There are infinite amounts of ways
(possibilities/scenarios) that can be played
out by Infinite Consciousness, desiring to
explore every one of them through the field
of time.

Each of us carry the ‘God-seeds’ of Source within us, like probes journeying outward into the further reaches of universal expansion (in form).

To make this experience of limited and restricted awareness possible, a ‘veil of self-forgetfulness’ (amnesia) was placed on us as a necessary requisite to learn and expand, making the grand play in form, even more fun.

Our memory banks of who and what we really are (divine origin) were temporarily closed down. This was all a part of the much larger design.

**The only way that the God-Self can forget itself is by imagining that it is something other than what it really is. **

**‘I AM’ Consciousness is playing the role of diverse expressions of being, taking itself to be body-mind entities. **

Through the process of ‘Self Contraction’, beliefs of perceived limitation, separation and opposition can then be programmed into our finite minds.

Limiting awareness through the
modification of a human body helps to
enhance and intensify the quantum
experience of contrast and misalignment.

LET THE 3D MATRIX GAME OF LIFE
BEGIN!

It all emerges from the perspective of Unified Consciousness being birthed into the manifested world of form; housed in physical bodies (biological suits) which serve as vehicles for tangible experiences in diversity, to add to its eternal completion.

Followed by adopting the data stream of information from our sensory virtual environment, a mind-created story of a separate 'me' and how we see and relate to others by association comes into play.

Immediately, upon opening our physical eyes, distinctions come into focus; a world of shapes, forms, sounds, colours and boundaries appear. Oneness perceives itself for but a short time as many; here and there, mine and yours, big and small, rich and poor, etc.

Eventually, the timeless (I AM) essence of our divine spark becomes entranced (hypnotized) by the secondary, sensory fascination of physical creation: our bodies, our thoughts, our sense perceptions, our emotions, our moods, our desires, our habits, our beliefs, our social roles, our conditioning, our jobs, and so on.

We have fallen into a deeper unconscious state of reductionism through the accumulative layers of social conditioning. A descent from the grace of Source Awareness, seeking a conceptual, fixed sense of ourselves; habitually defining who we are by the superficial, social masks (persona) that we wear and hide behind.

This is our divine 'leave of absence',
dreaming up a 'separate life' within the
matrix program of god-limitation; a
diversion, further away from our Greater,
Non-Physical Self.

** ‘Object referral’ is god-consciousness
unconsciously attaching or associating itself
with the restricted awareness of forms it had
created, through the power of belief and
attention. **

The unobserved identification with the ever changing compulsive stream of thoughts and emotions (from a finite point of view) is referred to as ‘Ego Consciousness’.

Part II

THE BIRTH OF EGO



‘Ego’ is Latin for the distinct, conceptual sense of an ‘I’ (its derivatives me, myself, I, mine).

THE EGO IS NOT OUR TRUE IDENTITY. It is a mental construct of your form identity; a ‘self-centered story’ that has slowly accumulated self-limiting thought patterns, opinions, emotions and memories.

We are all suffering from a case of ‘mistaken identity’ by taking ourselves to be someone we are not. This keeps us from being at peace with ourselves and others.

Ego-mind (because of spiritual ignorance) is the primary cause of pain and suffering in families, communities and countries around the world.

It is a social by-product of living with others, playing the role of the compulsive tormentor that has taken up residence in our heads. This is the endless feedback loop of internal mental chatter (self-talk) that pretends to be you, disguising its thoughts, feelings and voice as your own.

Understand that the ego is a limited program for the mind, originally created as a rational safety mechanism for your body (vehicle) to operate within the parameters of this ego-driven world with other human beings and life forms.

The ego's only agenda is to continuously scan this reality for perceived danger to ensure its 'own' survival.

It was specifically designed to cope with many threats appearing to be ‘out there’ when we had voluntarily disconnected from Unity Consciousness, entering into the projected world of forms.

In and of itself, the ego-mind is not negative nor a problem, there is no need for it to be destroyed as it provides much of our ambition and drive in the world. It is a useful and exquisite instrument (interface) for experiencing and interacting in this physical reality we call 'life.'

This was to give us the illusory, polarized taste of mortal separation from our Cosmic Source (as a human), but has with time taken over our lives (being in the driver's seat), putting our infinite awareness into a perpetual unconscious state of Self-forgetfulness.

All of our vital energies, emotions and attention were invested into this unconscious ego-mind. We made the colossal error in dumping too much responsibility on to it (in all areas of our life experience), beyond its programming to bear.

Being over stressed, confused and feeling inadequate to deal with life's sudden challenges, the negative, resentful ego-mind was created.

The ego sees ‘everything’ through the lenses of division, distinction and scarcity. Once caught in the web of our dualistic, false sense of a separate ‘form-identity’ program, we eventually develop personal feelings of loneliness, incompleteness and an illusory sense of disconnection.

By design, 'forms' appear to be separate from one another so your ego-mind thinks you are a separate being in this world.

This makes us experience a false perceptual reality of being walled off from other people, ourselves, and the rest of the universe as a complete unified whole.

The ego is a program that has been created by society for its own purposes, running in habitual survival mode and relentlessly working behind the scenes. Acting out of self-protection, it asserts itself to compensate for the bruised and damaged energetic impressions it received from childhood.

The truth is that our ego is not a ferocious monster, lurking in the darkness of our psyche; it is more like a frightened child who has taken on an inappropriate load of work that it is not capable of managing on its own.

The ego fortress is driven by many defences to protect itself from whatever it perceives as a threat to its security, certainty, self-importance, rightness, entitlement, victimhood, comfort and permanence in the dream of separation.

It lives in constant fear (of its own death),
programmed to make unconscious choices
that lead us into cycles of negativity,
judgment, conflict, competition with others,
one-upmanship, inferiority, further
isolation, distorted conclusions, suffering
and unhappiness.

**The ego is a self-fictionalized character
(the dream machine of individuality) that
wants to draw your attention, dominate you,
control you; desiring to survive as if it were
like any other living entity.**

It can only survive if you allow it to unconsciously get your attention. It can rise up, take you over, 'become you' and live through you. It is like a ghost taking possession over your body, afraid of being discovered.

The ego is a powerful illusionist that was created to divert your attention away from your True Nature by seducing you into identifying with it. Once you understand its purpose, you can continue playing the role (consciously) without getting fooled by it.

**It is narcissistic in nature, feeding on the lower vibrations of 'fear', building resistance to seeing things as they really are. **

The more you identify with it, the more you lose consciousness in it and are destined to suffer. It only seeks out forms that give it personal pleasure and avoids any kind of pain at all costs.

Entertaining egoic thoughts create the experience of our own inner darkness and confusion (our personal hell) that prevents us from experiencing Divine Love (our personal heaven).

As long as the unobserved ego-mind is running your life (and you are unconscious of its existence), you ‘cannot’ tap into the wellspring of inner peace, freedom, authentic power, healing, and Divine Love.

Ego consciousness is a state of contracted awareness that one remains oblivious to when caught up in it. Be an unattached observer of the ego-mind (without judging it) and you will no longer be trapped in it.

The dark shadow cast by egoic consciousness is afraid of Love (Oneness), the light of your pure Awareness. Realize that the ego only 'appears' to exist; it does not have any form, substance or independent power of its own, except when fuelled by your belief in it, as you.

Every time you create a gap or space of awareness in the stream of egoic thought, the light grows stronger in you and the ego domination and control is neutralized, losing its power or grip on your conscious presence.

You are Divine Spirit which is the pure formless, all knowing light of awareness; whatever you expose to the light, becomes light itself. Darkness cannot exist in the presence of light. The ego-mind cannot exist in the presence of luminous Spirit.

Through the process of observing ego-driven triggers and self-sabotaging behaviours that reflect challenging, reactive emotions, you become aware of how the ego functions inside of you (and in others) as it arises, where it hides and how to recognize it when it appears.

The more unconscious patterns you see and discover within yourself, the more consciousness is growing in you. Only you can do this, 'nobody' can do it for you.

The ego needs to define, label, judge, react, discriminate and measure things in order to create rigid boundaries and a sense of separation; in this way it can feel secure, comfortable and in control with what little it understands about the nature of reality.

This unenlightened human condition creates
(by default) the personal feelings of fear
which gives rise to unwanted things we
experience and feel such as conflict, drama,
recurrent anger, vulnerability, worry, guilt,
defensiveness, selfishness, insecurity,
judgement, greed, lack, death,
powerlessness, manipulation, comparison,
indifference, personal limitation and
violence.

**They do not serve the divine essence of
your pure being.**

**Whatever thoughts you choose to identify
with or personalize, turn into the false self
of ego consciousness.**

We are mental SLAVES only to our ego consciousness, as long as we continue to remain unaware of how it functions inside us and the controlling hold it has.

Without the inner freedom of awareness, there can be no flowering of the soul.

Part III

THE POWER OF CONSCIOUS
PRESENCE



All of this psychological suffering eventually drives us to ask the deeper questions: Why are we here? Why is there so much suffering in the world? Where is this happiness, peace and stillness that we all so long for? Who and what am I really?

At the deepest level, beyond the surface
reality of form:

I AM not my name
I AM not my body
I AM not my past or future
I AM not my personality

I AM not my thoughts/beliefs
I AM not my pre-established roles
I AM not my job
I AM not my religious upbringing
I AM not my moods/feelings
I AM not my automatic reactions
I AM not my possessions

They are all temporary expressions that make up a sense of a separate ‘me and my story’ but are always subject to change.

There is nothing wrong with beliefs, ideas, concepts, images and stories in and of themselves but attachment to them, strengthening your psychological sense of 'personhood', will not make you be free.

Living with the awareness that all of our conditioned tendencies (bondages) are merely learned responses to life, opens the door to our unlimited power.

Our reality is shaped by our self-defining beliefs that we hold about ourselves and sense of purpose.

Unconscious beliefs beginning with 'I AM' statements form a script for our lives that define and limit what we believe we are capable of manifesting in the world.

Who you believe yourself to be, starting with a fundamental 'I AM' declaration, is the biggest determining factor of how you see and experience everything in the universe.

Realize that there is a greater, mysterious part of ourselves (I AM) which is the true genesis of our being. This eternal part of us does not come and go, it never leaves.

*It is the detached observer behind all
transient thoughts and forms.*

*You are the unchanging screen of
Awareness on which all of these images are
projected and watched. You can call it
Living Presence, Stillness, God, Life or
Spirit.*

You have been fooled into thinking that ‘you’ are angry, sad, confused, afraid, and so on. Identification and reaction with these thoughts and emotions are where you forget your true nature. You are the divine watcher, the undisturbed witness. Be the ever present space for ‘all’ to appear and disappear in.

When the dark clouds of fear-based thoughts move in your inner sky of awareness, simply observe with compassionate detachment ... do not try to stop them or get identified with the many problems that come and go (let them all pass through your being). Stay rooted in the total freedom of your unaffected godliness.

Abide in the blissful state of unconditioned awareness which remains forever pure and undefiled. This untouched virginity carries the fragrance of the Great Beyond and can never be violated.

“In the process of uncluttering my mind of all accumulative mental concepts, I unburden myself with the opportunity to be here and now; responding to the pure calling of my timeless, formless (I AM) essence.”

“I need to be still, empty and silent, free from all mental distractions to reconnect with my Source-Self that lives in me; the formless, One Life Intelligence that is ever-present in all things.”

Observe and appreciate the life you have
from a higher vantage point of Awareness.

Bring your attention back to the reality of
this Present moment you are in, without the
need of adding any judgment, resistance or
thought to it.

The most important discovery that we will ever make is the realization that we are already 'Enlightened'. We only need to awake from the original sleep of separateness and remember that there is only One Essence, the all-pervasive, Eternal Spirit in existence.

This 'I AM' Presence is the eternal Godly principle which can be sensed within the body when we are still. This is the Supreme Self, witnessing the glory of its miraculous creation. All phenomenal manifestations are perceived effortlessly in the undisturbed, silence of the Divine.

When we, as an extension of Source Awareness, identify with the body-mind, our infinite being slowly takes on the limited consciousness of the body; appearing to put its own expansiveness outside of itself.

The thought-constructed, secondary sense of an 'Identity' pushes out universal oneness and it begins to feel at the center of it, as a 'person'. The whole universe is therefore perceived on the outside (optical illusion).

The ego's internal reference point is itself
yet it cannot go beyond itself,
unconsciously caught up in the web of its
own making. It is likened to a silkworm
who spins until it is caught up in its own
silk and cannot escape.

Realize that you are not a ‘person’ trying to
be spiritual; you are unbounded Spirit,
temporarily having a human experience.

Whenever you buy into a boxed-in egoic identity (as a person), there will always be an attachment to the belief systems of personal limitation, behavioural patterns, desires, conflict, struggle, self-doubt, conditioning, resistance, and dualistic perception.

You may have forgotten your true nature by getting lost in reacting to many layers of inception (content) while exploring the limitations of lower consciousness (physical life). One day you will have to face the obvious truth of your existence, that God has always been your very being (essence).

The good news is, there's no need to experience personal suffering anymore once you have discovered that you were simply in a nightmare of your own unconscious creation.

You are free to leave this experience of self-inflicted 'suffering' behind. You already have an out of jail pass.

We must lift the fog of god amnesia and free ourselves from the domination of the conditioned mind and our sense perceptions. When our mind is empty, we can allow Oceanic Consciousness in (accessing all levels of intuitive knowing). The mind in turn becomes a servant of Higher Consciousness and not the governor of our perception.

Realize that you are the birthless and deathless Divine Watcher, prior to all short-lived names, forms and social roles. This brings you back to the fundamental realization of your all pervasive power of Presence; before the distorted self-defining ideas/statements of 'I AM this or I AM that' enters your pure, unconditioned state of being.

Your subjective reality is the sum total of all your 'I AM' statements of what you believe is possible for you. Your outer reality (reflection) begins with a change of your inner reality.

This dynamic, witnessing presence of the formless, One Life is the ultimate shape shifter.

The One Life differentiated into the many and became the Self in each (yet remaining undiminished and unchanged).

Everything in the universe came from that deep undercurrent of Beingness. There is boundless joy, peace and fulfilment in reawakening to who we are from a new, unique way as 'All That Is.'

All experiences belong to Consciousness. We are all being lived by Consciousness. There is no I or me (separate doers), independent of the Creative Source.

When the expanded awareness of our indivisible Oneness becomes increasingly apparent, the mental delusion that everything is apart and disconnected begins to disappear.

The 'real secret' to be discovered is that we are the happiness we were always searching for. We are the very treasure that we were seeking, mindlessly looking outside of ourselves into the world.

The search for what we think we lost can
NOW finally be over. You only need to go
beyond the ego's illusory world of
separation (the grand puzzle box) and
remember your greater purpose for being
here.

With each step we make toward the energy field of our Spiritual Presence, the struggles that we encounter in life begin to lessen; this leaves us to find more silence, joy and contentment.

**It is all about living your highest
expression of Love (Spiritual Oneness) in
the world.**

The fundamental purpose of a loving relationship is to serve, support and uplift each other out of unconscious belief systems that do not serve us, in order to become more aware of who and what we truly are (at the deepest level).

**You can choose (at any time) to live in the
transcendental state of present-moment
awareness that is free from the heaviness of
all human suffering.**

When you fully embrace this pure realization, sharing this insight with others will align you with your natural state of joy, effortless peace, deep stillness and innate wisdom. This cannot be given to you, for it is fundamentally what you already are from the very beginning. It only needs to be rediscovered and totally embraced.

Beneath the phenomenal appearance of a limited, distinct 'person' is a greater, nonphysical part of us that exists as a timeless, faceless, nameless and unchanging spacious awareness.

Everything is an expression of Eternal Consciousness, experienced in temporal form; wherever you go you will encounter more of yourself (from a particular point of view). Whatever you do to another, you are literally doing to God.

You are defined by your relationships with
'others'. Everyone is a reflection of yourself
(like a hall of mirrors); each person is
another version of you 'appearing' to be
different.

The true meaning of love is to see yourself as the 'other'. The unwavering recognition of this profound insight is true liberation.

This is your natural birthright; the true home that you never left, only had forgotten. Only by losing something precious will you become aware of the loss. This drives us on a quest for it, once found (earned, achieved) then we will know the tremendous value of it.

The experiences from your life's journey will undoubtedly give you maturity, growth, courage and destiny. It is time to stop pretending to be what you are not and embrace your True, Radiant Self again.

Live more consciously and bring more divine presence to every person, event and thing that you encounter. After all, they are all just 'you' in different disguises.

You can relax about everything, because
you 'ARE' Everything. This is your
reminder, your sacred remembrance of
where you came from.



The Beginning...

About The Author

Anon I mus has intentionally remained a nameless and faceless person in the public eye. The objective is to stay anonymous (unknown), hence the nameless name, ‘Anon-I-mus’ was created. Anon I mus’ apparent name, physical form and personal story are all equally unimportant in the grand scheme of things. He states:



*“In a deeper seeing of spiritual awareness,
one realizes that it is all just God-Infinite
Consciousness expressing itself in temporal
garments of form perceived by the mind
and senses”.*

Being spiritually awakened, ONE DOES
NOT BOTHER TO SEEK ANY
PERSONAL CREDIT, FINANCIAL GAIN
OR RECOGNITION for the spiritual
knowledge (truths) shared with others.
Sharing spiritual wisdom is an act given



from the Self to the Self; it should be given freely without **any** conditions.

“Spirituality is never for sale! It belongs to no one. It is inherently free of charge for everyone, no matter what you see being portrayed out there in the world. True spirituality, at its core, is a selfless sharing of PURE, DIVINE LOVE. This love is without any conditions and doesn’t cost a dime.”



Anon I mus does not represent a title, person, belief or group. Anon I mus is a contemporary spiritual symbol for the people; teaching others to look beyond their egoic identity of outer forms: given names, beliefs, form of teachings, roles, status, social-cultural conditioning and worldly attachments.

The work that Anon I mus has been doing
has helped many people throughout the
world change the way they look at
themselves and surrender to a deeper
existential reality of Oneness (Non Duality).
People are encouraged to take a radical
STAND in the spiritual community and
embrace their nameless, formless and
timeless spiritual nature.



This creates the vast space to which infinite fields of possibilities can unfold spontaneously out of our inner core. In the process of consciously emptying ourselves of personal form-identification and attachment (stripping away all that we are not), what remains is our True Eternal Essence (Pure Awareness).



More from Anon I mus at:

spiritualenlightenment4nobodies.com

wikisearcheranonimus.wordpress.com

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